



MENTAL HEALTH AND WELLNESS PARENT SERIES 2023-2024

DEPARTMENT OF STUDENT SERVICES

All Workshops: 6:30 PM - 8:00 PM

9/28	Our Turn to Talk: Film Screening & Panel Discussion for Teens and Parents*
10/12	SchoolLinks and the College Application Process
10/25	Suicide Prevention: What Every Parent Needs to Know
12/11	Social Media and Cyberbullying: What Parents Need to Know Lt. John Miller, LCSO
2/22	The Problem of Perfectionism
3/14	Parenting the Anxious Child
4/11	Sexual Assault Awareness and Prevention Parent and Student Conversation

*This workshop will be held from 7:00 PM - 9:00 PM

All workshops will be held at the LCPS Administrative Building:
21000 Education Court
Ashburn, VA 20148